

FOREWORD *by* KATIE WRIGHT,
daughter of the founders of AUTISM SPEAKS

CHANGING THE COURSE *of* AUTISM



A SCIENTIFIC
APPROACH FOR
PARENTS AND
PHYSICIANS

BRYAN JEPSON, M.D. *with* JANE JOHNSON

EVIDENCE-BASED MEDICINE SHOWS THAT:

- Autism is epidemic (1 in 150 children has been diagnosed).
- Autism is a medical disease, not a psychological disorder.
- Autism affects other body organ systems besides the brain.
- Autism is treatable; children are recovering.

A DECADE AGO, autism was a rare disease—today, most Americans know a family with an autistic child. Autism is now epidemic, currently affecting half a million American children, or 1 in 150. Autism is growing at a startling rate of 10-17 percent per year, which means that the disease could reach several million Americans in the next decade.

Changing the Course of Autism has the potential to revolutionize the way this disease is perceived and managed by showing that autism can be treated as a medical disease, rather than a behavioral disorder. This groundbreaking book explains that reducing neurological inflammation improves autistic behaviors dramatically, making a profound impact on the health and future of affected children and their families.

"This book would have answered so many of my questions. It is my greatest hope that pediatricians all over the country read this book with an open mind."

—Katie Wright, parent of an autistic child; daughter of the founders of Autism Speaks

"*Changing the Course of Autism* is radically comprehensive. Dr. Jepson has truly created an indispensable one-stop reference for autism's biomedical issues."

—*Autism/Asperger's Digest Magazine*

"Jepson makes clear that with proper medical oversight, the autistic child can improve, often dramatically. Recommended as a comprehensive reference resource on autism."

—*Library Journal*

"Dr. Jepson's information-filled book moves the reader through the discomfort of painful news to a framework for constructive responses."

—Martha R. Herbert, MD, PhD, Associate Professor of Neurology, Harvard Medical School

"Written in plain terms for parents, caretakers, and medical personnel alike, *Changing the Course of Autism* is an absolute must-read for new or expecting parents with a history of autism, or who wish to prepare themselves to defend their child from an onslaught of environmental toxins in today's unfortunately polluted world. Highly recommended."

—*Midwest Book Review*

Bryan Jepson, M.D. is board-certified in emergency medicine. After his son was diagnosed, he turned his attention to studying autism and treating children with the disorder. He is now the Director of Medical Services at Thoughtful House Center for Children, a treatment center in Austin, Texas for children on the autism spectrum.

SENTIENT PUBLICATIONS
HEALTH/PARENTING

