

Healing the New Childhood Epidemics

AUTISM, ADHD, ASTHMA,
AND ALLERGIES

The Groundbreaking Program
for the 4-A Disorders



KENNETH BOCK, M.D.,
AND CAMERON STAUTH

"An easy-to-read commonsense guide to beneficial biomedical treatments."
—TEMPLE GRANDIN, author of *Thinking in Pictures*

"A truly invaluable resource . . . Bock and Stauth have done an outstanding job of removing the barriers to understanding these conditions, and getting children started on the path to recovery."

**—RICHARD DETH, PH.D., professor of pharmacology,
Northeastern University**

During the last two decades, the incidence of autism, ADHD, asthma, and allergies has skyrocketed. In this important book, leading medical innovator Kenneth Bock, M.D., provides a comprehensive program that targets all four of the 4-A epidemics.

Doctors have generally overlooked the connections among the 4-A disorders. For years the medical establishment has considered autism medically untreatable and utterly incurable, and has limited ADHD treatment mainly to symptom suppression. Dr. Bock and his colleagues, however, have discovered a solution that goes to the root of the problem. They have found that modern toxins, nutritional deficiencies, metabolic imbalances, genetic vulnerabilities, and assaults on the immune and gastrointestinal systems trigger most of the symptoms of the 4-A disorders, resulting in frequent misdiagnosis and untold misery.

Dr. Bock's remarkable Healing Program is an innovative biomedical approach that has changed the lives of more than a thousand children. Drawn on medical research and based on years of clinical success, this program offers a safe, sensible solution that is individualized to each child to help remedy the root causes. Dr. Bock also shares the dramatic true stories of parents and children that will inspire you to change the life of your own child. Hope is at last within reach.

"Superb . . . Encyclopedic but accessible and easy to read, this book will tell you all you need to know. . . . Fascinating and extremely useful."

—EDWARD HALLOWELL, M.D., author of *Delivered from Distraction*

**"If you are concerned about the futures of all our children, this is a must-read." —JEFF BRADSTREET, M.D., F.A.A.F.P., director,
the International Child Development Resource Center**

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